



# HUSSAIN MEMORIAL MATRIC. HR. SEC. SCHOOL SCHOOL BULLETIN

For Private Circulation only

Issue No. 3 / October 2023



## REFLECTIONS

*Wish you a Happy Diwali and Children's Day*



### First Terminal Exam for classes KG to VIII

The First Terminal Exam for classes KG to VIII was held from 11<sup>th</sup> September 2023 to 21<sup>st</sup> September 2023.

### Common Quarterly Examination (Government Papers)

The Common Quarterly Examination (Government Papers) for classes XI & XII was held from 15<sup>th</sup> to 27<sup>th</sup> September 2023 and for classes IX & X from 19<sup>th</sup> to 27<sup>th</sup> September 2023, respectively.

### Visit to Royal Chitran & VGP



215 students of classes II to V were taken to Royal Chitran and 258 students of classes VI to XII were taken to VGP theme park on 23<sup>rd</sup>, 25<sup>th</sup> and 29<sup>th</sup> September 2023, respectively. They enjoyed the day and came back refreshed with fond memories.

### Parents Teachers Open Day Meet (PTODM)

Parent Teacher's Meet for all classes was conducted from 6<sup>th</sup> October to 14<sup>th</sup> October 2023. The Cumulative Record cards/Progress cards were handed over and the parents were briefed on the performance of the students. Suggestions and points received from parents were welcomed and action was taken where necessary.

### XXVIII Major MK Hussain Memorial Inter School Football Tournament



This tournament is conducted annually since 1991 and was instituted in honour of the Founder of the School, late Major M.K Hussain who was a keen footballer.



This year the tournament was conducted from 9<sup>th</sup> October to 12<sup>th</sup> October 2023 in which teams from Schools in and around Ambattur participated.

After a keenly contested competition, the Winners and Runners up in the tournament are as under: -

Category	Winners	Runners up
Boys	Spartan Matric. Hr. Sec School	Hussain Memorial Matric. Hr. Sec School
Girls	Jain Vidyaashram Senior Sec. School	Hussain Memorial Matric. Hr. Sec School

The Rolling Trophies, Medals and Certificates were presented to the Winners and Runners up by the Honourable Chairman and Correspondent, Brigadier M.I. Hussain.

### Leaf Zoo Competition



The Biology Department of our School conducted a 'Leaf Zoo' competition on 16<sup>th</sup> October 2023 for students of classes II to XII. The students were asked to form shapes of animals and birds using leaves, and the best ones were selected and given prizes.

\* Names of individual winners are displayed on the "Winners of the Month" Notice Board.

### Nature Walk



Students of class I were taken on a Nature Walk to the School Sports Complex on 17<sup>th</sup>, 18<sup>th</sup>, 19<sup>th</sup> and 20<sup>th</sup> October 2023. They were taught about various types of trees, plants and their parts. They had an opportunity to watch and play with Birds, Rabbits and learnt how to climb trees. They also played village games and enjoyed the day by running around and playing in the Children's Park.

### Presentation on Allied Medical Courses

On 17<sup>th</sup> October 2023, a seminar was conducted on Allied Medical Courses by Meenakshi Academy of Higher Education and Research Institute.



26 students of Biology group from classes XI and XII attended the Seminar. Aim of the presentation was to educate the students about the career opportunities available after their schooling.

### Puppet Show







A Puppet show for the students of KG and Class I was conducted on 27<sup>th</sup> October 2023 on the theme 'Mobile Phone Addiction'. They were given an insight on the harmful effects of being addicted to Mobile phone. The tiny tots watched the puppet show with apt attention and pledged to follow the same.

### Scouts and Guides Camp

A Pre-Test camp for Scouts and Guides was held on 27<sup>th</sup> and 28<sup>th</sup> October 2023 at Tonakela Camp, Ayappakam. The eligible Scouts and Guides appearing for Rajapuraskar Exam from our School participated. They were imparted training on First Aid for Wounds, Bleeding, Fracture and Burns. They were also taught about the basic Knots used in Scouting.



The Badge Books and Log Books of the participants were checked and verified by the District Organizing Commissioner, Scouts and Guides.

## Inter School Academic Competitions

### Gandhi Adighal Competition

Our School conducted various competitions like drawing, essay writing, elocution and poetry writing based on the Life History of Mahatma Gandhi on 8<sup>th</sup> September 2023. 278 students from classes I to XII participated.

### Electoral Literacy Club

The Department of Education through Electoral Literacy club conducted an Inter School level Magazine cum Poster Making competition on 9<sup>th</sup> October 2023 to create awareness about voting system. 47 students from our School participated and the results are awaited.

### Ideal Wings

Ideal Wings conducted State level Drawing and Handwriting competition on 11<sup>th</sup> October 2023 for students of KG to Class XII. A total of 338 students participated. Results are awaited.

### PuthiyaThalaimurai Channel



Puthiya Thalaimurai TV Channel conducted a Science Innovation Programme "Veeduku Oru Vigyani" – 2023 at Sethu Bhaskara Matric Hr. Sec. School on 21<sup>st</sup> October, 2023. Three teams (consisting of two students each) participated in it. Suhas Adinath of class IX and Harshul of class XII won the Special prize in the senior category.

### Art Foundation

The Art Foundation conducted 11<sup>th</sup> National level Drawing Competition on 25<sup>th</sup> October 2023 for students of KG to Class XII. A total of 102 students participated. Results are awaited.

## School Academic Competitions

The following School Academic competitions were held in October 2023 for classes I to XII:

- ❖ English Essay writing - 19<sup>th</sup> October 2023
- ❖ Tamil Essay writing - 26<sup>th</sup> October 2023

\* Names of individual winners are displayed on the "Winners of the Month" Notice Board.



## Inter School Sports Competitions



### Table Tennis Tournament

On 12<sup>th</sup> October 2023 a Table Tennis Tournament for boys was conducted at Don Bosco Matric. Hr. Sec. School. Our School students were the Runners up in the Doubles category.

### Badminton Tournament

A Badminton Tournament was conducted at SDAT Ground Egmore on 18<sup>th</sup> October 2023. Our School girls participated and were the Runners up in Under 17 category.

## Inter House Competition (Classes I – XII)



The following Inter House Competitions were held for the four houses in the Month of October 2023. The results are given below: -

Event	Category	Winners	Runners
Carrom (Singles)	Sub-Sub Jr.	Red Roses	Shamrocks
	Sub Juniors	Red Roses	Daffodils
	Juniors	Shamrocks	Red Roses
	Seniors	Red Roses	Shamrocks
Carrom (Doubles)	Sub-Sub Jr.	Red Roses	Shamrocks
	Sub Juniors	Red Roses	Shamrocks
	Juniors	Shamrocks	Red Roses
	Seniors	Red Roses	Blue Bells
Quiz	Sub Juniors	Shamrocks	Blue Bells
	Juniors	Shamrocks	Blue Bells
	Seniors	Blue Bells	Daffodils

\* Names of individual winners are displayed on the “Winners of the Month” Notice Board.

HOUSE POINTS TALLY: CLASSES I TO XII

Blue Bells	Daffodils	Red Roses	Shamrocks
503	488	520	485

## Inter House Competition (Kindergarten)

The following Inter House Competitions were held for the four houses in Kindergarten in the Month of October 2023. The results are as under:

Event	Category	Winners	Runners
Hopping (Boys)	LKG	Daffodils	Daffodils
	UKG	Shamrocks	Blue Bells
Hopping (Girls)	LKG	Daffodils	Blue Bells
	UKG	Daffodils	Shamrocks
Story telling	LKG	Shamrocks	Blue Bells
	UKG	Red Roses	Shamrocks



\* Names of individual winners are displayed on the “Winners of the Month” Notice Board.

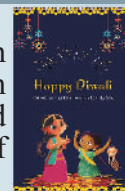
HOUSE POINTS TALLY: KINDERGARTEN

Blue Bells	Daffodils	Red Roses	Shamrocks
110	152	144	154

## The Joy Of Celebrating “Diwali”

- by Harshada S, Cl. IX

Diwali is one of the major festivals in India. It is also known as Deepawali which means “a row of lights”. On this day, Lord Rama returned to Ayodhya after 14 years of exile. Diwali is celebrated in all parts of





India with great pomp and show. Diwali has long been associated with bursting crackers, which is not in the true spirits of the festival. The main motive of the festival is to spread happiness with your loved ones.

We light candles and decorate homes with Rangoli. We worship Goddess Lakshmi and Lord Ganesha on Diwali. We eat sweets and share gifts with our friends and neighbours. We also do lots of Diwali shopping on this day.

Diwali falls during the month of October or November. Jains celebrate Diwali as "Mahavira Nirvana Divas" while Buddhists also celebrate Diwali as it is the occasion when the Emperor Ashoka converted to Buddhism. They call it Ashok Vijayadashami. Diwali represents the victory of good over evil. Diwali is the most loved festival, and we enjoy it very much.

This year Diwali falls on 12<sup>th</sup> November 2023. Let's celebrate it with gusto.

### National Chocolate Day

- by Harini S, Cl. VII

Hello there! If you're a chocolate hunter, it's for you guys. Chocolate is considered to be the favourite of every kid and even adults. Every year October 28<sup>th</sup> is celebrated as the National Chocolate Day. We think that eating chocolates gives us only cavities in our teeth. It is to be noted that eating chocolate increases our blood pressure. Yeah! It can give cavities but if we brush or wash our teeth and mouth after eating chocolates we can prevent cavities.



### Children's Day

- by Jaya Sylvia, Cl. V

In India, Children's Day is celebrated on 14<sup>th</sup> November every year to commemorate the birth anniversary of our first Prime Minister, Pandit Jawaharlal Nehru.



He loved children dearly and is fondly remembered as "Chacha Nehru" by the children. After his death in 1964, his birthday was declared as Children's Day nationwide.

Pandit Nehru was very fond of Kids and advocated children's education as he strongly believed that they were the future leaders of our Nation. He was a strong believer of instilling rich moral virtues in children. He was of the opinion that children should be moulded from a young age properly so that they can become productive and responsible citizens of the country.

We celebrate Children's Day in our School where our Teachers put up a colourful cultural programme for us and we enjoy ourselves watching our Teachers perform.

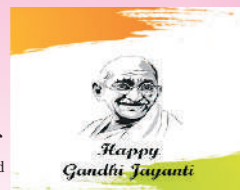
The week succeeding the Children's Day is observed as Library Week when our School conducts

various literary competitions and book exhibitions. The winners are awarded prizes. The aim of this week is to promote literary work and instill the habit of reading as envisioned by Chacha Nehru.

### Gandhi Jayanti

- by Uditha M. K, Cl. IV

Gandhi Jayanti is celebrated in India as a National festival on 2<sup>nd</sup> October every year. This day is celebrated to remember the birth of Mohandas Karamchand Gandhi (2<sup>nd</sup>



October 1869-30<sup>th</sup> January 1948), who is the Father of our Nation. It is one of the three National Holidays such as Independence Day and Republic Day, which we celebrate in India.

Mahatma Gandhi who has been given the title of Father of the Nation or Rashtra pita, is also called by the name "Bapu". He was a great follower of peace (Satya) and Nonviolence (Ahimsa). He is regarded as the leader of the freedom struggle for India and is highly appreciated for his simplicity and the principles he followed.

Even today, Mahatma Gandhi is respected all over the world for his peaceful acts in restoring peace in the world.

### Chess

- by Keziya P, Cl. IV

Chess is a strategic board game played between two players on a chessboard with 8 \* 8 square grid arrangements of 64 square.



The origin of the game of chess is credited to India, where chess was derived from the game 'Chaturanga' before the 7<sup>th</sup> century.

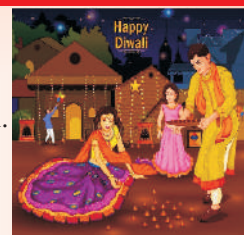
- Chess helps in developing strategic thinking.
- This game helps to take a correct decision in a right manner.
- It also helps to build the analytical power of a person.
- It enables a person to learn the significance of foresight to make plans.
- Overall, the values of persistence, patience, concentration and hard work is derived from repeated participation in chess.

So, we should learn more about chess and make our leisure time purposeful.

### Diwali

- by Isha Fazhil, Cl. III

1. Diwali is a Hindu festival
2. It is known as the festival of lights
3. It marks the victory of good over evil.
4. Ram returned home this day.
5. He defeated demon Ravan.
6. People were happy on his return.
7. They celebrated by lighting Diyas.
8. We worship Laxmi and Ganesha on Diwali.
9. We eat sweets and burst crackers.
10. We should always fight evil.



*Happy Diwali Friends*

## Riddles

- by **Harini S**, Cl.VII

1. Which is the Highest Mountain peak?
2. Which is the Highest Waterfalls?
3. Which is the largest desert in Africa?
4. Which is the longest beach?
5. Which country is the largest producer of Hydro-electricity?
6. Which country is the largest producer of Dates?
7. Which country is the largest producer of coffee powder?

And at last, it's my country which is the largest democracy in the world with the youngest population. I Love my India.

Ans : 1. Mt. Everest  
2. Angel Falls  
3. Sahara desert  
4. Miami beach  
5. China  
6. Iran  
7. Brazil

## Dussehra

- by **Shafiya Fathima K**, Cl – III

Dussehra is an important Hindu festival that is celebrated in October. The festival is a celebration of the victory of Lord Ram over the demon Ravana in the Hindu epic, Ramayana.

Dussehra in simple terms, signifies the victory of good over evil. Dussehra is celebrated all over the country on the same day. It is also called Navaratri in different States.

The ten days of celebration involve different rituals, cultural displays, and games in which the whole community participates. The effigies of evil characters are burned, followed by fireworks.

During Dussehra vacations people travel to different parts of the Country to see how Dussehra is celebrated in different parts of our Country. Dussehra is celebrated with enthusiasm as it signifies that good always triumphs over evil.



## Children's Day

- by **Kavya S**, Cl. III

1. Children's day is celebrated on 14<sup>th</sup> November.
2. It is also known as 'Bal Divas'.
3. It is a very happy day for the students.
4. It is the birth anniversary of Pandit Jawaharlal Nehru.



5. He was the first Prime Minister of India.

6. He loved children very much.

7. He was popularly known as 'Chacha Nehru'

8. He was awarded Bharat Ratna in 1955.

9. This day reminds us the rights and duties of children.

## The Smile

- by **Karthiga Shree S**, Cl. VII

Smile,  
Every time you think of me smile;  
Smile,  
All the pain will fade away smile;  
Smile,  
This beautiful world for you and me smile;  
Smile,  
If you're happy and cheerful smile;  
Smile,  
Look around you and you shall find love so smile;  
Smile,  
For no reason at all smile;  
Smile,  
And let me bet the reason for yours smile,  
Smile,  
'Cos I would do anything for you to just smile.



## Water Borne Diseases

- by **Sachin K**, Cl. V

Waterborne diseases are the diseases that are caused due to drinking contaminated water containing harmful microorganisms. Some of the common waterborne diseases are typhoid, cholera, hepatitis A and hepatitis E. The common symptoms for most water borne diseases are fever, pain in the stomach, diarrhoea, and vomiting. Contaminated water can also cause skin irritation in some people.

We can prevent water borne diseases by practicing the following actions:-

- ❖ Drink purified water, boil tap water, or use purifiers to clean water.
- ❖ Do not use water directly from water bodies, use water that comes from the supply treated in water treatment plants.
- ❖ Maintain good personal hygiene, such as washing hands before and after eating, after using the toilet and cleaning utensils using safe water.
- ❖ Avoid drinking juices sold by roadside vendors.
- ❖ Do not dispose waste in water bodies. During floods, when water bodies get severely polluted, we should





use advanced techniques to clean water before using it.

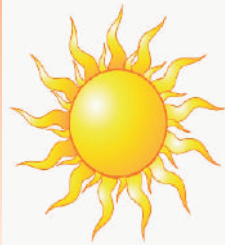
- Avoid eating raw foods unless properly washed.
- Store water in a clean container.
- Avoid ice cubes given by street vendors.

Be healthy and safe by drinking clean drinking water.

### Facts About The Sun

- by Deepika B, Cl. VII

- ❖ The Sun is 4.6 billion years old.
- ❖ Sun is a Yellow Dwarf.
- ❖ Temperature of the Sun is 5500°C.
- ❖ Sun is also a Star, at the centre of the Solar System.
- ❖ Density of Sun is 1400 kg/m
- ❖ 99.6 of the Solar System is taken by the Sun.
- ❖ Gases present in the Sun are Carbon, Helium and Hydrogen.
- ❖ It takes the Sun's light eight minutes to travel to the Earth.
- ❖ The Sun is 109 times wider than the Earth and 330,000 times as massive.
- ❖ The Earth receives 94 billion megawatts of energy from the Sun.
- ❖ Speed of Sunlight is 1 billion km/h.
- ❖ It is 93 million miles away from the Earth.



### Open A Book

- by Famiya Afreen A, Cl. IV

Open a book,  
And you find  
People of every kind;  
Open a book,  
And you can be  
Anything you want to be;  
Open a book,  
And you can share  
Wondrous words you find in there.  
Open a book,  
And I will too,  
You read to me,  
And I will read to you!



### Increasing Obesity

- by Vaishali, Cl. IV

In modern times, the problem of being overweight is quite prominent. Children are suffering from this disorder which was once considered to be meant only for adults.



These days children lead a sedentary life style with very little physical exercise.

Technological advancement has reduced physical exercise among children, who spend most of their time watching television, playing video games or on social networking sites.

The second major cause of obesity is the junk food that the children eat. This includes burgers, pizzas, noodles and aerated drinks. This type of food is easily available and has a good taste, but it does much harm to the health of the child. Children love to eat chips, chocolates and ice-creams instead of a balanced diet. Junk food is high in calories and results in obesity.

It's about time that we keep a watch on our health. We should feed on milk, juices and fruits. Moreover, we should do physical exercise and frequently go to parks to play.

### There Is A Time

- by Shrinivas B, Cl. IV

There is a time to work and play,  
A time to eat and sleep,  
A time to study and to pray,  
A time to laugh and weep,  
A time for fellowship that's sweet,  
A time for sacred songs.  
But never is there a time to treat  
A human being wrong.



### Healthy Habits For A Super Hero

- by Archana M, Cl. III

**Eat the Rainbow:** Imagine your plate as a colourful rainbow. Eating fruits and vegetables of different colours helps your body get all the good food it needs to grow strong and fight off germs. So, munch on carrots, strawberries and broccoli, they're your body's best friends.

**Drink water:** Just like super heroes need fuel, your body needs water to stay hydrated. Clean drinking Water helps you to think, play and be energetic. So, keep a water bottle by your side and take sips throughout the day.

**Sleep well:** Even super heroes need their sleep! Make sure to get enough rest at night, so that you wake up feeling like a super hero, ready for action. Sleep helps your body to be healthy and your mind sharp.

**Physical activity:** Run, jump, skip, and dance! Being active is like doing super hero training. Play games, ride your bicycle or go for a walk which makes you stronger and happier.

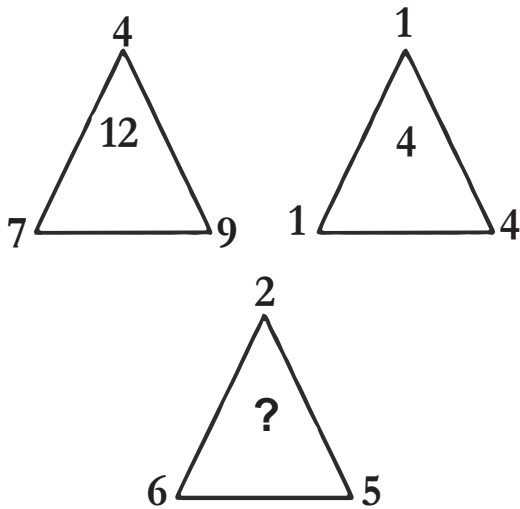


There is a time to lift men up,  
 Our God who saves the soul.  
 A time to show them that the meek,  
 Shall reach life's highest goal.  
 A time to help them turn aside,  
 And leave the wicked throng.  
 But never did our God provide,  
 A time to treat humans wrong.

## Brain Teasers

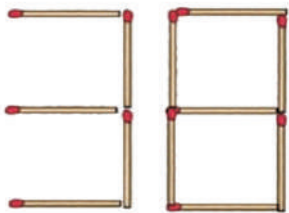
### Teaser 1:

1. Which number replaces the question mark?



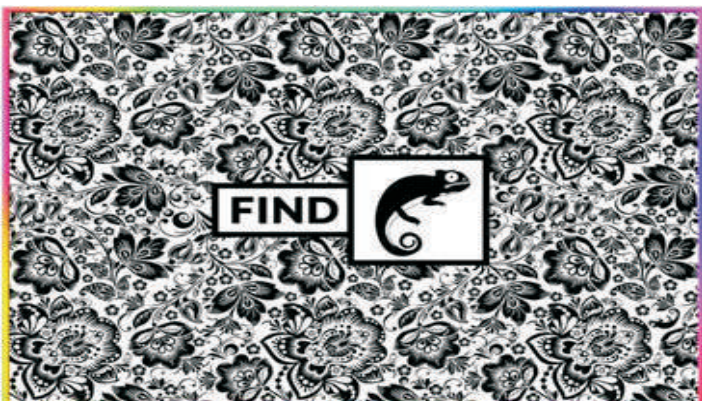
### Teaser 2 :

2. Move only 2 matches to make the highest number possible.



### Teaser 3 :

3. Find the second chameleon.



### Teaser 4:

4. Which is the missing number?

8 7 3 5 ?

## Art Corner



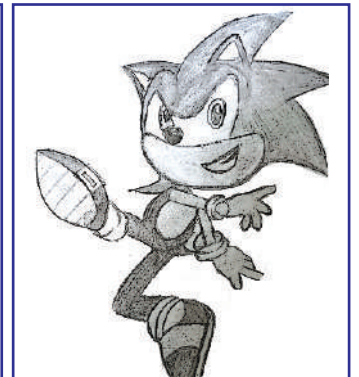
TARUN TUVJIT P, CL.IX



VARSHIKA T, CL.III



BOTHANA KAVIYAN P, CL. V



SACHIN K, CL. V

## Solutions to Brain Teasers

**Teaser 1:** The Answer is 9

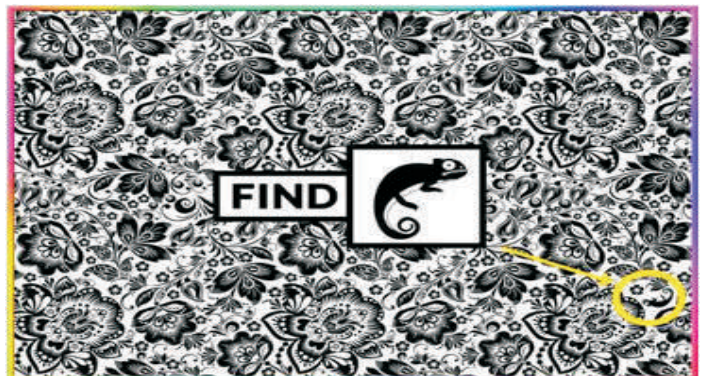
**Explanation:**

The number at the centre of each triangle equals the sum of the lower two numbers minus the top number.

**Teaser 2 :**

The highest number you can make by moving 2 matches is 781. Take the middle and bottom horizontal matches off the three and make a 1 behind the eight.

**Teaser 3:**



**Teaser 4:**

The missing number is 5. Each number is the number of pieces the number before it has. The digital 8 has 7 pieces, the 7 has 3 pieces, and so on.